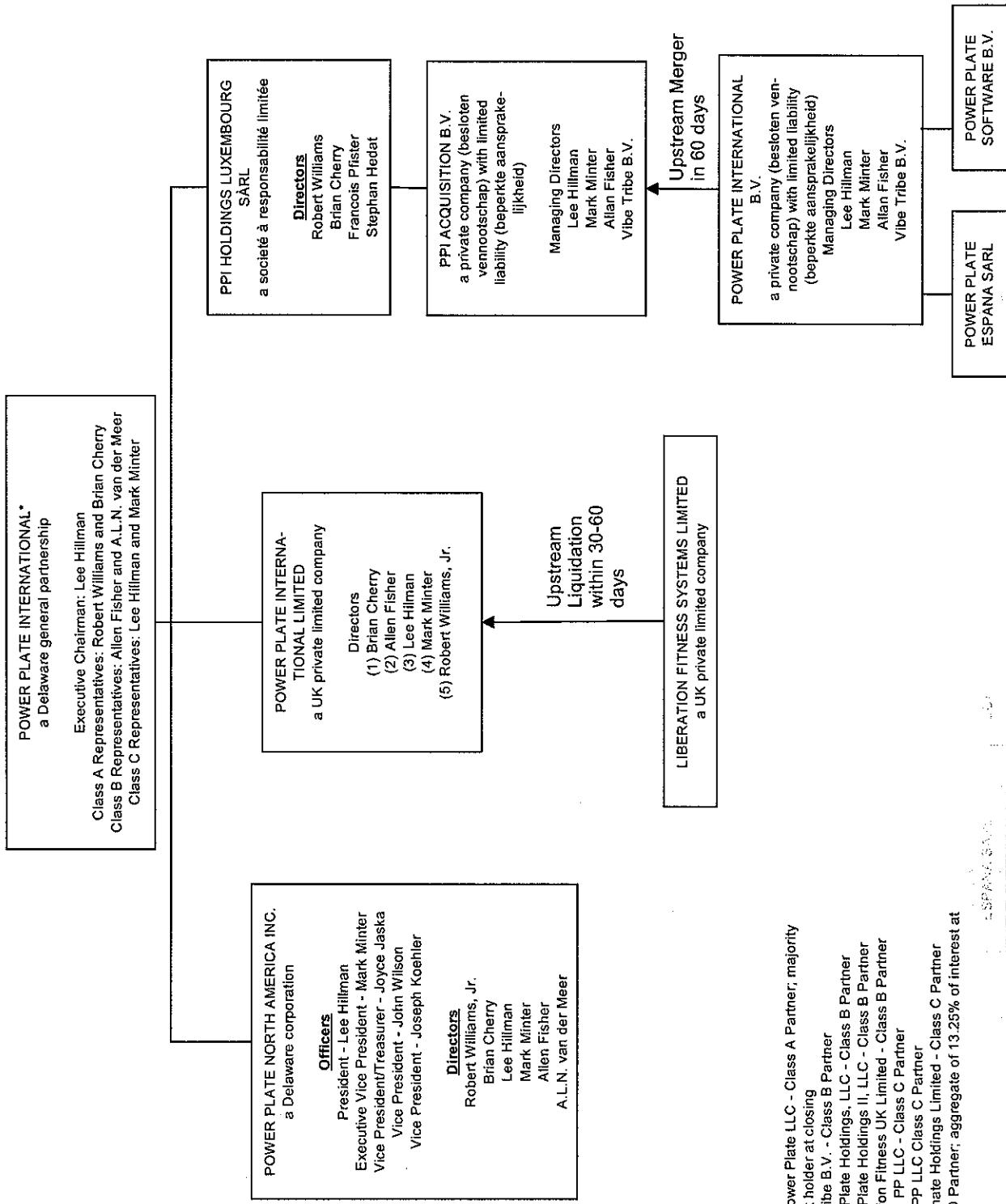


Exhibit A

Annex 25 to Reply PPI Haarlem proceedings POWER PLATE INTERNATIONAL AS OF FEBRUARY 22, 2006



*Partners:
*1 JHW Power Plate LLC - Class A Partner; majority interest holder at closing
*2 Vibe Tribe B.V. - Class B Partner
*3 Power Plate Holdings, LLC - Class B Partner
*4 Power Plate Holdings II, LLC - Class B Partner
*5 Liberation Fitness UK Limited - Class B Partner
*6 Hillman PP LLC - Class C Partner
*7 Minter PP LLC Class C Partner
*8 Marshmate Holdings Limited - Class C Partner
*9 Class D Partner; aggregate of 13.25% of interest at closing

Exhibit B



Power Plate Appoints Industry Veteran Kevin D. Steele, PhD as Chairman of Scientific and Medical Advisory Board

Steele to Provide Oversight And Ongoing Counsel In Lead Role of Global Advisory Board, Devoted to Ongoing Evolution, Research and Education for Whole Body Vibration

Northbrook, IL, April 3, 2008 – Power Plate International, the global leader in Acceleration Training™ products featuring Advanced Vibration Technology, announced today the appointment of long-time U.S. health-industry executive, Kevin D. Steele, PhD as Chairman of Power Plate's Scientific and Medical Advisory Board. The esteemed board comprises 11 MDs, PhDs and elite medical and physiology experts, devoted to the ongoing evolution, research and education for Whole Body Vibration and its myriad of medical, wellness and fitness applications.

"With a technology like Whole Body Vibration that is still in relatively infantile stages of its evolution, the collective work of experts like the members of our Advisory Board, driven to identify and refine the safest and most-effective methods and applications through research and education is absolutely invaluable and necessary," said Mark Minter, International President and COO. "Kevin's unique background, expertise and skill set in bridging the gap between the science, and the business, of the health, wellness and medical industries made him the ideal person to provide oversight and leadership to this critical group of researchers and advocates."

"In all my years in the health, wellness and medical industries, never before have I experienced a modality that offers so many benefits across these varying industries as Whole Body Vibration," said Steele. "Power Plate's leadership role in the introduction and evolution of this modality worldwide has been unparalleled, and I'm thrilled to be a part of that, as it's my belief that we're merely scratching the surface of what this incredible technology can accomplish."

A graduate of Pepperdine University with a PhD in Physiology from Columbia University, Steele brings more than 25 years of experience in the health, wellness and medical industries. After spending his early professional years as a staff professor for Pepperdine, teaching physical education and sports medicine, and coaching Track and Field (Cross Country), Steele found a valuable niche in the early '80s working as a medical consultant to major corporations, developing corporate wellness and executive health care programs, emphasizing stress management, nutrition and exercise. At this time, Steele's efforts were seen as "pioneering" work in this area that has since become a standard in corporate America.

This innovative consulting led to his hiring by Bally Total Fitness, where he spent the better part of the '80s developing and overseeing the national health and fitness chain's education, research and member services programs. Steele created the company's first corporate university, which provided standardized education and training protocols for Bally's nationwide training force. He also spearheaded front-end consumer research as well as academic research at local Universities to validate the various club programming offerings that Bally would roll out to its members nationwide.

[More...](#)

Power Plate Appoints Steele Chairman of Advisory Board
Page Two

Steele left Bally in 1993, to continue his consulting to both health and fitness companies, as well as a wide array of corporations looking to develop and incorporate health and wellness programs for their executives and employees. He later accepted a senior management position with 24-Hour Fitness, through which he once again provided his unique expertise in integrating health care, wellness and research based-programming to 24-Hour Fitness' clubs nationwide. He also created the company's corporate university to once again standardize training and education protocols across its national employee and training force.

Most recently, Steele had fulfilled this identical role for Lifetime Fitness, before accepting the position as Chairman of Power Plate's Scientific and Medical Advisory Board.

Power Plate International is the leading manufacturer of products using Acceleration Training™ through Advanced Vibration Technology™ for health clubs, spas, hospitals, physical therapy and rehabilitation clinics, professional and collegiate athletic training facilities, and private fitness trainers, as well as home users. For more information on the product, or its supporting technology and scientific research call Power Plate North America Inc., at (877) 87-PLATE or visit on the web at www.powerplate.com.

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Contact: **Erin Lopez, Leader Enterprises, (562) 546-6006**
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FOR IMMEDIATE RELEASE

**POWER-PLATE UNVEILS CLUB-FRIENDLY CARD-KEY SOFTWARE AND
PRODUCT UPGRADES**

***Software Allows Clubs To Better Manage Power-Plate Session Packages &
Increase Revenue; Product Upgrades Designed to Maximize Effect of
Power-Plate's Proven Technology***

Northbrook, IL., March 20, 2006 – Following a year of widespread exposure and increased national and global acceptance of advanced reflex technology (also referred to as "whole body vibration"), Power-Plate North America is introducing several significant upgrades for health clubs and end users. The company's debut of card-key software compatible with the Next Generation Power-Plate will allow health clubs to improve both sales and management of Power-Plate training session packages. The company also upgraded its popular Next Generation Power-Plate with an air-suspension system, allowing user's to maximize the effects of the product regardless of varying body weights. Finally, the Next Generation Power-Plate will no longer be limited to specific frequency (hertz level) and set durations. Users will now be able to input frequency levels and durations to specific preferences in order to meet their unique individual training needs and goals.

"Our goal with this software was to provide clubs with a turn-key solution to maximize the revenue potential of the Next Generation Power-Plate and better manage the general use of the product by members," said Mark Minter, President, Power-Plate International. "As our product and technology grow in prominence, our top priority is providing a product that not only responds to the training needs of our end users, but also the revenue-generating goals of the industry, including club owners, therapists and personal trainers."

The card-key software provides a solution for health clubs looking to better manage member access and use of Next Generation Power-Plates. Through the card-key technology, clubs can program specific session packages onto a Power-Plate session card, redeemable each time members swipe their cards to use the machine.

The air-suspension and functionality upgrades are also significant. Originally, the Next Generation Power-Plate featured preset frequency level settings 30, 35, 40 and 50 hertz (number of vibrations per second) and duration settings of 30, 45 and 60 second sets. The upgraded functionality will now allow users to input specific frequency levels (increments of one hertz) within a range of 25-50 hertz and of variable duration. The adjustable air-suspension system will ensure that the Power-Plate has maximum effect

More...

Power-Plate 2006 Product Upgrades
Page Two

for individuals of varying body weights, and also largely eliminates the residual vibration often felt in the surrounding environment (floors, neighboring walls, etc.) when the Power-Plate is in use.

Power-Plate has enjoyed a year of widespread global exposure through increased use among health clubs and elite training professionals. Increased use by mainstream health clubs and physical therapy clinics, elite athletes and athletic training specialists, as well as a variety of high-profile celebrities has resulted in a host of global media attention. Reports from the UK press that pop music icon Madonna was training on the Power-Plate in preparation for her current world tour helped create a significant spike in global awareness, generating a host of national and media attention for the Power-Plate from top national magazines and television programs. One notable example is Muscle & Fitness Magazine who named Power-Plate the "Best Technological Innovation for 2005" in the annual "Best of" special feature in the magazine's February issue.

Yet another area of significant progress has been in scientific research and strategic partnerships. Currently, research studies utilizing the Next Generation Power-Plate are underway at Ohio State (focus: Fibromyalgia study), Ball State (multiple studies underway), University of Miami (focus: Obesity and Geriatric Wellness) and the Miami Project, a leading organization devoted to advancements in treatment of paralysis resulting from spinal cord injury. Also worthy of note is Power-Plate's official partnership with Athlete's Performance (AP), arguably the most renowned athletic training center in the United States, responsible for annually preparing the top NFL prospects in the country for the NFL combine, as well as a who's who list of the world's most recognized and successful athletes. AP Founder and President Mark Verstegan, arguably the nation's elite athletic training specialist, was one of the earliest adopters of Power-Plate training and has championed the product ever since.

"We've always believed that we had a product and technology that would literally change lives," said Minter. "It's certainly rewarding for us to see both industry professionals and consumers on a global level beginning to realize what we've known all along about the Power-Plate."

The Power Plate is designed for and marketed to health clubs, spas, hospitals, physical therapy and rehabilitation clinics, professional and collegiate athletic training facilities, and private fitness trainers, as well as home users. For information on how to purchase a unit locally, please contact 1-888-98-PLATE, or 305-362-3332. For more information on the product, or its supporting technology and scientific research contact John Wilson, (VP Sales – N America), at (877) 87-PLATE or visit on the web at www.powerplateusa.com.

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Exhibit C

Respondents' Privilege Log

Subject/Title	Name	Attachment	Date Sent	From	To	CC	Privilege Asserted:
1. RE: [Nation Antispa] FW: Confidentiality Agreement	Yes	Aug 4 2005 11:11AM	Altman, Michael H.	Mark Minter	Lee Hillman		ACPAWP
2. 2005 - Cash Flow Forecast+2 New @ 09-02-05 (3).xls	Yes	Oct 6 2005 4:45AM	Mark Minter	Lee Hillman			ACPAWP
3. RE: Lockton Property & Casualty DB Requests	Yes	Oct 25 2005 2:13PM	Joe Koehler	Mark Minter	rszalkowski@lockton.com		ACPAWP
4. Lockton Property & Casualty DB Requests - Update as of October 25, 2005	Yes	Oct 25 2005 3:47PM	Renee Szalkowski	Joe Koehler	fucheny@whitney.com; Roderick Mark Minter; Richard; Richard; Colton; Stephanies; Bonan; Weisz; Nancy		ACPAWP
5. RE: Lockton Property & Casualty DB Requests - Update as of October 25, 2005	Yes	Oct 25 2005 4:00PM	Szalkowski; Renee	Mark Minter			ACPAWP
6. Fw: FPI	Yes	Oct 26 2005 10:06AM	Meriam, Thomas C.	Brian Cherry (bcherry@whitney.com); Robert M. Schaefer, Robin Mark Minter (marr.minter@powerplateusa.com); Lee Hillman			ACPAWP
7. RE: Lockton Property & Casualty DB Requests	Yes	Oct 27 2005 1:47PM	Bonan; Stephanies	Joe Koehler@powerplateusa.com			ACPAWP
8. Fw: Agenda for today's call	Yes	Oct 31 2005 10:55AM	Meriam, Thomas C.	Robert M. Williams Jr. (mwilliams@whitney.com); Lee Hillman; Robert M. Williams Jr. (mwilliams@powerplateusa.com); Lee Hillman			ACPAWP
9. Fw: Week 11/16/05 Cash Forecast Schedule	Yes	Nov 1 2005 1:58PM	Mark Minter	Meriam, Thomas C.; Cherry, Brian; William, Robert	Lee Hillman		ACPAWP
10. Fw: Powerplate Insurance Due Diligence Update	Yes	Nov 4 2005 7:40PM	Joyce Jakska	Lee Hillman			ACPAWP
11. RE: Lockton/Powerplate Call	Yes	Nov 8 2005 12:25PM	Cherry, Brian	Williams, Robert; Szalkowski, Renee; Mark minter@powerplateusa.com; Lee Hillman; Cerey, Chas; Bonan; Stephanies; Szalkowski; Renay; Richard; Colton	Colton, Richard	Robert Williams; Mark Minter	ACPAWP
12. Fw: FPI	Yes	Nov 15 2005 4:01PM	Brian, Cherry	Williams, Robert; mark.minter@powerplateusa.com; Lee Hillman			ACPAWP
13. Fw: Powerplate Insurance Due Diligence Update	Yes	Nov 17 2005 4:31PM	Cherry, Brian	Williams, Robert; mark.minter@powerplateusa.com; Lee Hillman			ACPAWP
14. Fw: Powerplate Insurance Due Diligence Update	Yes	Nov 17 2005 5:31PM	Brian, Cherry	Williams, Robert; mark.minter@powerplateusa.com; Lee Hillman			ACPAWP
15. RE: Powerplate Insurance Due Diligence Update	Yes	Nov 17 2005 7:45PM	Lee Hillman				ACPAWP
16. RE: Week 11/14/05 Cash Forecast Schedule	Yes	Nov 14 2005 7:08AM	Joyce Jakska	Lee Hillman			ACPAWP